

Non-Surgical Weight Loss Program



This 12-week medically-supervised weight loss program includes:

- Regular visits with a bariatric specialist
- Weekly visits/classes with a registered dietitian.
- Regular visits with a personal trainer and/or physical therapist depending on your needs. Regardless of path, you will be provided with a personal fitness plan.

All we need from you is your commitment,
time and willingness to change.

**For more information please call the Hallmark Health
System Center for Weight Management and
Weight Loss Surgery at (781) 306-6166.**

Most insurances accepted.

 **Hallmark Health System**

www.hallmarkhealth.org



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