

ANNA MEI, MSN, RN, FNP-BC, CNL

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SUMMARY OF QUALIFICATIONS

Experienced working in health care setting providing direct patient care. Major strengths include the readiness to learn, enjoy working with others as well as independently, and the ability to time manage and multitask. Reliable, responsible, and comfortable developing a strong interpersonal relationship with patients, families, staff, and physicians. Very energetic with a solid work ethic.

EDUCATION

University of Massachusetts, Boston

Degree: Master of Science in Nursing, Post Master's
Family Nurse Practitioner

Graduated

Boston, MA
Sept 2020 – Dec 2021

Seton Hall University

Degree: Master of Science in Nursing
Clinical Nurse Leader

Graduated

South Orange, NJ
Aug 2019

Boston University

Degree: Bachelor of Science
Health Science

Graduated

Boston, MA
May 2015

WORK EXPERIENCE

Steward Medical Group Pain Management Center

Certified Nurse Practitioner

Jan 2023 – Current
Boston, MA

- Prescribe and manage pharmacological and non-pharmacological treatments in patients with chronic pain.
- Obtain complete histories, perform comprehensive physical examination, compile patient medical data to determine appropriate pain management alternatives for the patient with chronic pain.
- Routinely assess patients with both invasive (epidural, nerve blocks, etc) and noninvasive pain regimens, document assessments in EMR, and initiate changes per protocol.

Brigham and Women's Hospital Department of Anesthesiology, Perioperative and Pain Medicine

Registered Nurse

July 2021 – Current
Boston, MA

- Completed admission assessments; assisting the physician with interventional pain management procedures, and monitored patients throughout the recovery process
- Administered medications, measures, and treatments to ensure patient comfort and minimize pain and suffering
- Performed pain management activities according to the nursing practice guidelines

Hadco Management LLC

Administrative Assistant

May 2013 – Per Diem Current
Boston, MA

- Managed commercial and residential real estate properties
- Arranged appointments for clients and organized conference meetings

New England Sinai Hospital Long Term Acute Care Facility

Registered Nurse

Jan 2020 – June 2021
Stoughton, MA

- Deliver quality patient care on a ventilation and pulmonary unit with 5-6 patients who have an average length of stay of 21-27 days

- Patient population consists of ICU transfers recovering from respiratory failure, acute infections, CHF, cancer, surgeries, chronic conditions, and more
- Experience in administering IV fluids including antibiotics, electrolytes, pain medications, TPN, and blood transfusions
- Comfortable providing nursing care for patients with PICC lines, central lines, peripheral IVs, feeding tubes, drains, foley catheters, wound vacuums, ventilators, tracheostomy masks, BiPAP, CPAP, and more
- Collect and prepare laboratory specimen
- Monitor and assess patients, lab results, oximetry, blood glucose, vital signs, and telemetry

Brigham and Women's Hospital
Department of Anesthesiology, Perioperative and Pain Medicine
Clinical Research Coordinator

June 2016 – July 2017
Boston, MA

- Experience focused on testing Quell TENS device for subjects diagnosed with low back pain
- Experience focused on testing vibrating gloves for subjects diagnosed with hand osteoarthritis
- Conducted a phase 3 clinical trial to study the long-term safety and efficacy of subcutaneous administration of Tanezumab in subjects with osteoarthritis of the knee
- Screen and recruit patients for research and drug trials, review IRB protocols, and record subject data onto electronic database

Brigham and Women's Hospital Pain Management Center
Medical Assistant/Practice Assistant II

May 2015 – June 2016
Boston, MA

- Updated and filed patient medical records in addition to taking vital signs
- Prepared patients for examinations and procedures
- Performed electrocardiograms in a high-performance culture

Stop & Shop Pharmacy
Pharmacy Technician

Dec 2012 - May 2015
Dorchester, MA

- Assisted pharmacist with prescriptions to dispense medications
- Provided excellent customer service by answering patient questions and requests

Brigham and Women's Hospital Pain Management Center
Intern

July 2014 – Aug 2014
Boston, MA

- Assisted physicians, nurses, and medical assistants with patient care
- Shadowed medical professionals during procedures

Scribe Connect at South Shore Orthopedics
Medical Scribe

May 2014 – July 2014
Hingham, MA

- Assisted physicians by documenting patient's visits
- Provided physicians with completed charting in a timely manner

LICENSES & CERTIFICATIONS

- ANCC Family Nurse Practitioner [RN2337578]
- Registered Nurse [RN2337578]
- MCSR Advanced Practice Registered Nurse [MCS007791B]
- Clinical Nurse Leader
- Basic Life Support for Healthcare Providers (BLS)
- Mental Health First Aid USA

SKILLS

- **Foreign Language:** Cantonese (high), Mandarin (beginner), Spanish (beginner)
- **Computer:** Microsoft Office, Windows, Mac OS, Photoshop, Adobe Illustrator, SPSS
- **Electronic Health Record Systems:** EPIC, LMR, Prescription Monitoring Program, Meditech, AthenaOne

PUBLICATIONS

Jamison, R.N., **Mei, A.**, Ross, E.L. (2016). Longitudinal trial of a smartphone pain app for chronic pain patients: predictors of compliance and satisfaction. *Journal of Telemedicine and Telecare*, 24(2), 93-100.

Jamison, R.N., **Mei, A.**, Edwards, R.R., Ross, E.L. (2017). Efficacy of Vibrating Gloves for Chronic Hand Pain due to Osteoarthritis. *Pain Medicine*, 19(5), 1044-1057.

Mei, A., Ross E.L., Edwards R.R., Lee, C.W., Jamison, R.N. (2017). Efficacy of Vibrating Gloves for Chronic Hand Pain due to Osteoarthritis. *The Journal of Pain*, 18(4), S86.

Jamison, R.N., Wan, L., Edwards, **Mei, A.**, R.R., Ross, E.L. (2019). Outcome of a High Frequency Transcutaneous Electrical Nerve Stimulator (hTENS) Device for Low Back Pain: A Randomized Controlled Trial. *Pain Practice*.

CONFERENCES

RWJ Barnabas Health Quality and Patient Safety Fair Presenter
2019 (Belleville, NJ)

Sigma Theta Tau International, Gamma Nu Chapter Attendee
31st Annual Reinkemeyer Research Day 2018 (*South Orange, NJ*)

American Pain Society Presenter
2017 (*Pittsburgh, PA*)

Massachusetts Life Sciences Innovative Day Presenter
10th Annual 2017 (*Boston, MA*)

MEMBERSHIP

American Nurses Association	2018 – Present
New Jersey Healthcare Network	2018 – Present
Leaders in Healthcare	2018 – 2019
American Pain Society	2017 – 2018

CAPSTONE PROJECT

Evaluating Care of Orthopedic Patients at Risk for Surgical Site Infections: Education and Implementation of Traffic Pattern Protocols in the Operating Room

- Clara Maass Medical Center Operating Room Department (Belleville, NJ)
- Presented at RWJ Barnabas Health Quality and Patient Safety Fair 2019